

LVBL MATTERS

BANGALORE SOUTH

FARMERS' MARKET AT THE FINER SIDE

We organized a **Farmers' Market** event at **The Finer Side**, off Kanakapura Road, on Sunday, **July 21**, in partnership with **Akshayakalpa**. We also organized a session on Reading Food Labels, by Ramesh Agarwal of Food Safety Network. Check Page 2 for more pictures from the event and a report by our graduate intern, Aditi!



REPAIR CAFE AT ELITA PROMENADE & GOOD EARTH MALHAR

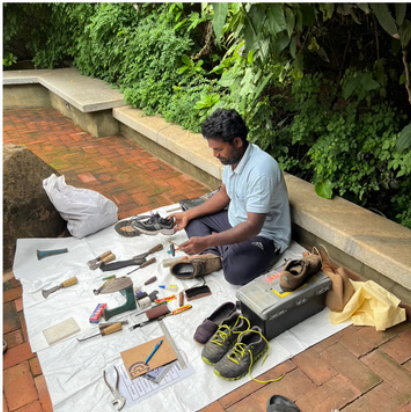
We organized Repair Cafes in two locations this month -- Elita & Good Earth -- in partnership with **Saahas**. This attracted large crowds, as people brought their bicycles, knives, shoes, bags, clothes and even furniture for repair. Check Page 3 for a report by Mahiti and more pictures!

FARMERS' MARKET AT THE FINER SIDE BY ADITI



The Farmer's Market organized by LVBL at The Finer Side, was buzzing with excitement, promising a day full of discovery. Walking through the market, I was amazed by the variety of stalls. Farm-fresh fruits and vegetables, organic brews, homemade cleaners, natural chewing gum, herbs & spices, hand-woven fabric, and many more. The market offered more than just shopping, it was a full-fledged experience. I tried my hand at pottery, learned how to read food labels and identify adulterated food by performing simple tests at home. Of course, the food was a major highlight, with everything from crispy dosas and fluffy dhoklas to hand-churned ice creams and flavourful chaats.

REPAIR CAFE AT ELITA & GOOD EARTH BY MAHITI



One of the most popular events by LVBL is the Repair Cafe, in partnership with Saahas. People bring broken items to be fixed by skilled repair workers. These can range from electronics and bicycles to clothing and furniture. Repair cafes contribute to sustainability by extending the lifespan of products and reducing waste. By fixing items instead of discarding them, repair cafes help decrease the amount of waste sent to landfills, in turn helping lessen the demand for raw materials and reducing emissions during manufacturing processes fueled by high energy consumption. Community events like this initiate a collective effort toward eco-friendly practices.

LVBL GOOD FOOD MENU LAUNCH AT GREEN BEAN COFFEE



We launched the **LVBL Good Food Menu** at **Green Bean Coffee**, off Kanakapura Road, on **Saturday, July 27**. A new take on the midday meal and snack plate, our menu offers wholesome, fresh, and delicious options for salads and chip-and-dip platters, using local ingredients with a twist, for maximum nutrition and flavour. If you'd like to include our menu in your cafe or event, get in touch with our culinary expert, **Ranjini: +91 81977 03999**

